

# Approximate Solutions for Gait Simulation and Control.

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A biped model is analysed and its relevant second order differential equation of motion are obtained using the Lagrange or the Kane formalism. Previous studies by McGeer [1], Goswani & al. [2], Garcia & al. [3], and others have been very helpful in the understanding of bipedal passive locomotion under gravity alone. This is an attempt to go somewhat further in the same direction: a biped moving on a level surface under the influence of impulsive forces. A four d.o.f. model is studied in the sagittal plane over a visco-elastic medium. A two d.o.f. model with one foot fixed to a rigid floor is also investigated in order to get closed form results. With proper initial conditions, impulses and torques, the programme is able to numerically provide a solution, which lasts for many consecutive steps, leading to steady and stable limit cycles in angular velocities. An animation programme has been proven useful in showing such sequences. The problem addressed here is how to compute the value of the feet impulses and the corresponding torque amplitude in order to attain a given gait velocity and maintain a repeatable gait pattern.

**Model description:** The model is shown in Figure 1. It consists of two rigid segments representing the left and the right leg with mass  $M_A$  located at mid length and a central moment of inertia  $I_A$ . The trunk is assumed as a point mass  $M_e$  located at E. Figure 1 shows the right leg resting on the floor while the left is subject to a short impulse directed along the segment. Afterward, an internal torque  $T_{BA}$  is applied to the left leg. A similar reversed scenario occurs on the following step, with a torque  $T_{AB}$  applied to left leg. The Lagrange equations for the two d.o.f model walking on a rigid surface are represented in Equation (1):

$$[A(q_i)] \begin{Bmatrix} U_1 \\ U_2 \end{Bmatrix} = \begin{Bmatrix} f_1(q_i, U_i) \\ f_2(q_i, U_i) \end{Bmatrix} + \begin{Bmatrix} c_1 F_{i1} \\ c_2 F_{i2} \end{Bmatrix} \quad (1)$$

where  $A$  is a  $2 \times 2$  matrix;  $q_i$  and  $U_i$  are the state variables; ( $i = 1, 2$ ),  $F_{i1}$ , and  $F_{i2}$  are the required impulses for either leg;  $U_1$  and  $U_2$  are the time derivatives of  $q_1$  and  $q_2$ . The matrix  $A$  consists of four elements  $a_{ij}$  with

$$\begin{aligned} a_{11} &= (I/ML^2 + 1/4) & a_{12} &= -\cos(q_1 - q_2)/2 \\ a_{21} &= a_{12} & a_{22} &= (I/ML^2 + 5/4 + M_e/M) \\ f_1(q_i, U_i) &= 0.5 \sin(q_1 - q_2) U_2^2 + 0.5 G/L \cos(q_1) + T_{ba}/ML^2 \\ f_2(q_i, U_i) &= -0.5 \sin(q_1 - q_2) U_1^2 + (M_e/M + 3/2) G/L \cos(q_2) - T_{ba}/ML^2 \\ c_1 &= \sin(q_1 - q_2)/ML \text{ or } 0 & c_2 &= \sin(q_1 - q_2)/ML \text{ or } 0 \end{aligned}$$

The determinant.  $\det(A) = a_{11}a_{22} - a_{12}a_{21}$  and  $a_{12} = a_{21}$  has one term  $a_{12}$  which is very slightly co-ordinate dependant.

$G$  is the constant of gravity, assumed to be  $10\text{m.s}^{-2}$ . Similar expressions are obtained when interchanging the angular leg generalised co-ordinates  $q_1$  and  $q_2$ , and using  $T_{ab}$  in place of  $T_{ba}$ , when the left leg is in the support mode and the right leg is in the swinging mode. These equations are used to derive some basic relationships between the torque, the impulse and the kinematics of the walking gait pattern. The system is solved numerically using Runge-Kutta algorithm. The code is provided with branching in order to generate a set of multi-step sequences. Ground interference with the swinging leg is ignored except at contact time where ground reaction forces are evaluated. Such a system has the advantages of producing continuous motion from one step to another by simple branching and constants resetting, as the model goes from one configuration to the next.

**Impulse:** During the push-off phase in human gait, the foot reacts against the ground to produce a reaction force. Its integral over time is known as an impulse. During that phase, the legs are changing angular velocities and the body is rising. The simplest form of an impulse is a force amplitude  $F_{imp}$  applied over a single time step. The integration of (1) over a short impulse time results in a sudden increase in the angular velocities of all the generalized velocities of the system. For the present model the relationship is given in Equation (2).

$$\begin{aligned}\Delta U_1 &= f_3(q_i, U_i)\Delta t + f_4\Delta U_2 \\ \Delta U_2 &= f_5(q_i, U_i)\Delta t + f_6(F_{imp}\Delta t)\end{aligned}\quad (2)$$

The angular velocity increments are seen to be function of the impulse value. Thereafter, a properly selected torque  $T_{ba}$  will accelerate and bring the swinging leg to an eventual maximum velocity  $v_m$  and in phase with the support leg at mid-stance. To this end, we investigate the equations [1] with a null value for the impulse and find out that  $f_1$  in the second equation is relatively small. Considering furthermore small angles approximations, the expression for the derivative  $dU_2/dt$  becomes

$$dU_2/dt = a(q_1 - q_2)U_1^2 + b(\pi/2 - q_2) + cT_{BA} \quad (3)$$

$U_1$  can be shown to be increasing in a nearly linear manner with time and to be proportional to  $T_{BA}$ . Therefore the above equation takes the form

$$d^2q_2/dt^2 = c_1 + c_2 q_2 + g(t) + c_3 t^2 q_2 \quad (4)$$

This equation is linear and a power solution for  $q_2$  may be found by the method of variable coefficients. From this solution, the time  $t_{MS}$  required to reach mid-stance ( $q_2=\pi/2$ ) and the velocity at mid-stance  $U_2(t_{MS})$  may be obtained. These values are functions of  $T_{ba}$  and of the values  $U_+$  and  $U_2+$  immediately following the impulse. These  $U$  values have just been given angular velocities increments which are function of the impulse intensity. Therefore it is possible to establish a required initial impulse and a proper torque amplitude that will yield a synchronised stance for a given velocity at mid-stance. Examples of such solutions and corresponding animations will be shown in the presentation. After applying the initial impulse,  $F_{imp}$  is taken as zero until the next step occurs and equation (1) is then easily inverted. The synchronised mid-stance angles and velocity objectives may also be expressed by algebraic equations which may be solved numerically by Newton Raphson algorithm and also by repeated integration.

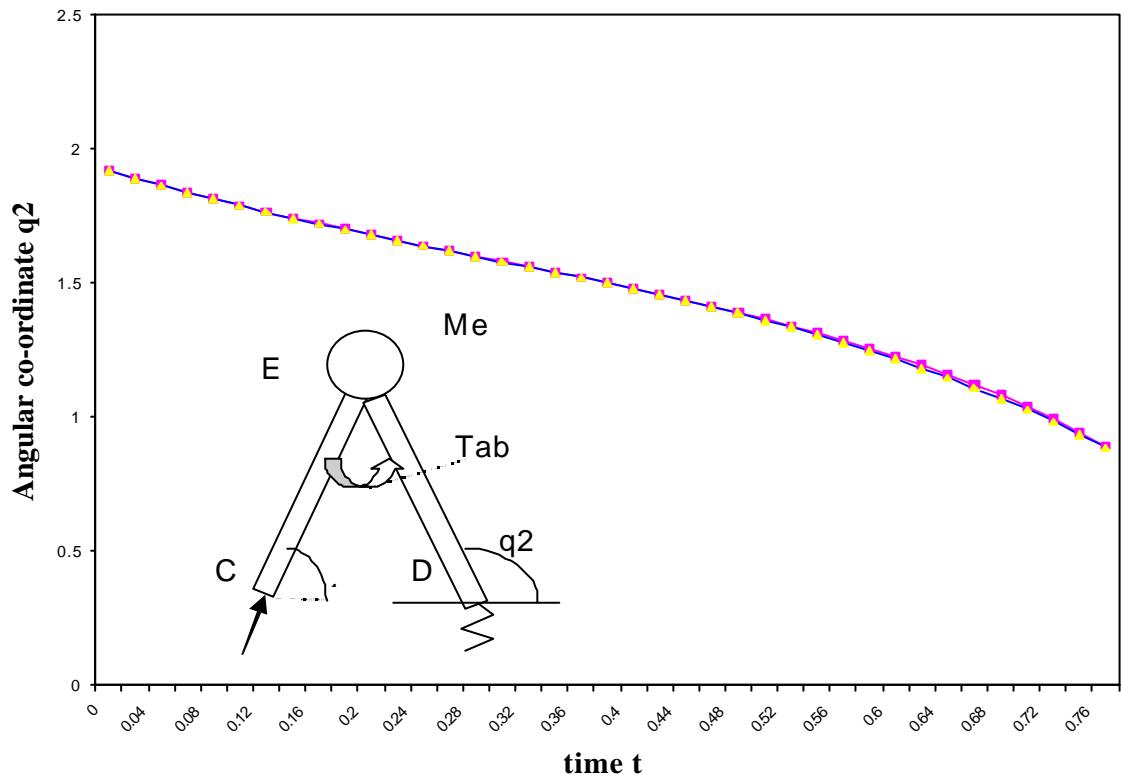
**Polynomial solution:** The angles  $q_1$  and  $q_2$  range from 70 to 110 degrees approximately and approximations may be taken for linearization purposes. Replacing in equation (1)  $\sin(q_1-q_2)$  by  $(q_1-q_2)$ ,  $\cos(q_1-q_2)$  by 1,  $\det(A)$  becomes a constant and the expressions on the right hand side take the following form:

$$\begin{aligned} f_1 &= 0.5(q_1-q_2) U_2^2 + G/2L + T_{ba}/ML^2 \\ f_2 &= -0.5(q_1-q_2) U_1^2 - (M_e/M+3/2) G/2L - T_{ba}/ML^2 \end{aligned} \quad (6)$$

The torque  $T_{ba}$  will be taken as a constant during the first part of the walking step until mid-stance. After mid-stance, a change of sign for  $T_{ba}$  will be introduced in the simulation that will slow down the fast moving leg. We may rewrite the system as

$$\begin{aligned} dU_1/dt &= [(a_{11}f_1g - a_{12}f_2g) + (a_{22} + a_{12})T'_{ab}/\det A] \\ dU_2/dt &= [(-a_{12}f_1g + a_{11}f_2g) - (a_{11} + a_{12})T'_{ab}/\det A] \end{aligned} \quad (7)$$

**Figure 1: Polynomial Solution  $q_2p(t)$  vs integrated solution  $q_2(t)$**



The equations may be uncoupled when observing during simulation that the term including the torque  $T_{ba}$  in the first differential equation is dominant. This results into  $dU_1/dt = T_{ba}/I_e$  where  $I_e = I_a + M L^2$  and represents the leg moment of inertia around the hip pivot point. Therefore  $U_1(t) = U_1(0) + (T_{ba}/I_e)t$  and  $q_1(t) = q_1(0) + U_1(0)t + 0.5(T_{ba}/I_e)t^2$ . This simple solution has been verified with sufficient accuracy for the cases at hand. The quadratic form may be solved to find out the time  $t_{1ms}$  at which the swinging leg will reach a vertical position.

$$t_{1ms} = -b + \sqrt{b^2 - c} \text{ where } b = (I_e/T_{ba})U_1(0) \text{ and } c = [(2q_1(0) - \pi/2) I_e/T_{ba}] \quad (8)$$

where the plus sign must be assumed in front of the square root. In the second differential equation, the term  $a_2 f_{lg}$  is small compared to the others terms and the replacement of  $U(t)$  produces a time dependent linearized equation of the form

$$d^2q_2/dt^2 = dU_2/dt = e_0 + e_1 t + e_2 t^2 + e_3 t^3 + e_4 t^4 + (e_5 + e_6 t + e_7 t^2) q_2 \quad (9)$$

where the expressions for  $e_0$  to  $e_7$  are given in the appendix. This linearized, time-dependant differential equation may be solved using a polynomial solution for  $q_2$  in powers of  $t$ .

$$\begin{aligned} q_2 &= b_0 + b_1 t + b_2 t^2 + \dots + b_n t^n \text{ and} \\ U_2 &= b_1 + 2b_2 t + 3b_3 t^2 + \dots + (n+1)b_{n+1} t^n \\ dU_2/dt^2 &= 1 \otimes 2b_2 + 2 \otimes 3b_3 t + 3 \otimes 4b_4 t^2 + \dots + (n+1)*(n+2)b_{n+2} t^n \end{aligned} \quad (10)$$

The replacement of these polynomial into the differential equation yields a polynomial in  $t^i$ . Each coefficient must be zero to give the recurrent expressions for the  $b_i$  coefficients in terms of the initial conditions and in terms of the known  $e_i$  coefficients. These are as follows:

$$\begin{aligned} b_0 &= q_2(0) \quad b_1 = U_2(0) \quad b_2 = (e_0 + e_5 b_0)/2 \quad b_3 = (e_1 + e_6 b_0 + e_5 b_1)/2 \otimes 3 \\ b_4 &= (e_2 + e_7 b_0 + e_6 b_1 + e_5 b_2)/3 \otimes 4 \quad b_5 = (e_3 + e_7 b_1 + e_6 b_2 + e_5 b_3)/4 \otimes 5 \\ b_6 &= (e_4 + e_7 b_2 + e_6 b_3 + e_5 b_4)/5 \otimes 6 \quad b_7 = (e_7 b_3 + e_6 b_4 + e_5 b_5)/6 \otimes 7 \\ b_{n+2} &= (e_7 b_{n-2} + e_6 b_{n-1} + e_5 b_n)/(n+1) \otimes (n+2) \end{aligned} \quad (11)$$

This polynomial solution for the leg angular co-ordinate and for its angular velocity has shown to be a very good approximation for the integrated numerical solution using Runge-Kutta algorithm, for cases where the balancing leg is reaching a vertical position at approximately the same time as the supporting leg (Figure 2).

**Discussion and conclusion:** The generated gait cycles comprise a multitude of continuous steps accompanied by steady and stable limit cycles in angular velocities. The relationships between the impulse, the torque, the model parameters and initial conditions pave the way to a better understanding and simulation. Animation is found to be a very useful tool in order to assess the progress made during the whole development. Further refinements are required in order to broaden the stability range of successful gait solutions. An approximate solution to the linearized set of differential equations provide some important relationships between the model variables at impulse time, its parameters and the values of the impulse and of the constant torque in order to achieve a continuous and repeatable gait cycle with a desired mid-stance velocity.

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